

ΨΩ NEWS

Zeta Kappa Chapter, University of Minnesota School of Dentistry



2018 Halloween Initiation Party

2017-19 Highlights

From rush and initiation, fraternal activities and learning opportunities, fundraising and charitable giving, parties and traveling, the students of Psi Omega have been busy over the past two years.

Zeta Kappa By The Numbers

101

ACTIVE MEMBERS

Another successful rush event in 2018 kept the Psi Omega family large + in charge!

24

SOCIAL EVENTS

The fraternity hosts 2 social events per month on average!

100+

TOYS FOR TOTS

2018's holiday toy drive generated over 100 toys for kids in need

ALUMNI TAILGATE 2019



**November
9th**

Join us in cheering on the **Gophers vs. the Penn State** Nittany Lions. Game time TBD so plan for the tailgate to begin ~2 hours prior to kickoff. Per usual, we will have a Bloody Mary Bar and appetizers. *See you there!*

Rush Week 2017

We started out the year with rush the first week of classes, which made it a short week, but one filled with meeting incoming D1s and making them feel welcome as they started school. We started out with a lunch and learn where Chipotle was served, which was a big hit. After giving the D1s the rundown on the fraternity we followed up with breakfast the next day so they could see our smiling faces again. We finished up with a rush party on Saturday and invited all classes regardless of affiliation with the fraternity. It was a great event and our executives had a great time getting to know everyone as they helped behind the bar, a good time was had by all as they danced the night away.

Alumni Tailgate

We brought back our alumni tailgate event for another year, this time it coincided with Homecoming for U of MN giving us some extra draw for alumni. We had a good turnout of current members and alumni, and everyone enjoyed offerings of a Bloody Mary bar, mimosas, breakfast foods, and pizzas we had for our makeshift brunch buffet. After revving up our Gopher spirit we went

to the game and cheered on the Gophers. In spite of our cheering efforts we were unable to cheer them to victory. Despite the tough loss it was an exciting game and it was a great day spent reconnecting with our alumni.

Initiation

Our initiation party was a collective success as we signed on 18 D1s and several new members from the upper classes. The tradition of our initiation proceedings was met like an old friend as we inducted our new members into the Psi Omega ranks. We started our with dinner, followed by the ceremony, and rounded the evening out taking everyone on a bus to downtown Minneapolis for, you guessed it, more dancing! There was an impromptu after party that kicked off with one of the members playing his saxophone for a group back at the house, which brought people back in as they arrived after returning from downtown.

LASTING CONNECTIONS, RELATIONSHIPS, MENTORSHIP



One of the best parts of joining the Psi O family is the lasting connections that are made between students of all classes. When I joined as a D1 there were countless upperclassmen that reached out to me to help make my transition to dental school as easy as possible. I remember them being so welcoming to me and always being available to answer questions that I had about school or clinic. These relationships have lasted even past the graduation of these older Psi O students. Because of the welcoming and family-driven relationships that I have had the opportunity to build in Psi O, I now have friends who are practicing dentists who can help guide me through yet another transition- one from school into practice. I am so happy that I joined Psi O three years ago- it is truly one of the best decisions I have made.

- Anna Dierking '21

Education and Alimentation

In our efforts to bring more value to our members we have had a variety of speakers come to the house in the past few years. This fall Gifford Financial came to speak to our members again and answer questions on finances during and after school and what steps we should be taking to set ourselves up for success and to cover ourselves in the event that we can no longer work. We had many good questions regarding contracts, side businesses, and retirement planning. All enjoyed a pleasant evening of food and conversation in the relaxed environment of the Zeta Kappa house.

2017 Holiday Party

Our annual holiday party was a great mixer for all our members as we had representation from all 4 years. This year we expanded the offering and had pizza, drinks, cookies for decorating, and games to play. It seemed everyone mostly enjoyed the opportunity to get together and mingle with members of other classes or with people they don't see very often within their own class. In all, it was nice fellowship event to finish off the school year and it gave everyone a morale boost on the way into finals.

2018 Chainbreaker Event

Thursday June 7th was our 2nd annual Psi Omega x Chainbreaker Fundraiser, and we're proud to say it was a huge success as we raised \$2,200 for cancer research! Like last year, we had a Food Truck and Dunk Tank that students could dunk faculty in. We were also incredibly excited to add a Hog Roast this year thanks to Dr. Olin! For us, this event has represented not only an incredible opportunity to give to a fantastic organization, but has also served as bridge between students and faculty, as it's one of the only events in our dental school community that offers us the chance to interact with our instructors outside of the clinic. This event is one that we are incredibly proud of because it incorporates Fellowship, Alumni, Community, and Excellence, which are the founding principles that drive the culture of our chapter. We'd like to thank all the instructors, students, alumni, and friends that attended, as well as our sponsors: Midwest Dental and Pacific Dental, without whom this event would not be possible. We would also like to thank our alumni for their continued support and contributions to our chapter!



HOUSE PROJECTS 2018-2019



Deck update!

We stripped off the old paint and re-stained all the wood timbers



Parking lot re-striping



Upcoming: Lower Level Bathroom

We are most looking forward to a complete overhaul including new tiles, toilets, sinks. A much needed update!

2018 Holiday Toy Drive



Two years ago, Psi Omega wanted to make the holidays a bit more special for the children in our community. Therefore, we decided to start a toy drive. Similar to last year, our annual toy drive this year was a major success. We collected over 75 toys for kids of different ages and donated them to the Toys for Tots foundation. Some of the toys donated were, Legos, barbies, Play-Doh dental kit, Mr. Potato head, batman, and many more. We hope to grow the toy drive and collect even more toys during the upcoming year.

Annual Ski Trip



We elected to travel to Big Powderhorn Mountain again in 2018 to blow off some steam and enjoy the wintry slopes together. We have liked this resort so much, we keep returning year after year and will go back again in 2020!





Charity beer pong tournament 2019. The proceeds went to Ronald McDonald house down the street.

Spring Break 2019: Hilton Head

Last year psi Omega D2's organized a trip to Hilton Head Island, South Carolina during May break. They enjoyed the time away from school shark fishing off the beach, soaking up the sun, and loving each other's time.



2019 Psi O-lympics

One of the most popular events that Psi Omega puts on is called Psi-Olympics. Next summer, 2020, will be the third annual occurrence. It's a fun way to get Psi Omega members together to get some fresh air and enjoy a sunny summer day. During the inaugural season, teams were divided by class and competed in various activities such as volleyball, cornhole, three-legged race, hotdog eating contest, etc. Last year, we switched things up and intermixed the classes in order to help members in different classes get to know one another better. Creating strong friendships with peers in other classes is an important aspect of dental school and also creates a more welcoming community within Psi Omega.



2017 Donor List

We would like to thank all of our generous donors! Your continued support funds house improvements, fellowship, and fraternal activities.

\$35

Michael Gardner
Paul Thai
Barry Schwein
Tracy St. Dennis
David Gadola
Daniel Iverson
Robert Gereichen
Karl Berg
Jeffrey Amann

\$50+

William Dobbs
Robert Rubey
Mark Steinmetz
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Kermit Ohlsen

Jeffrey Mattson
Cary Gillingham
John Noack
Arnold Hill

\$100+

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\$200+

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Thomas Rumreich

We are grateful for your ongoing support of our dental fraternity! Please detach this portion and return with your donation check in the enclosed envelope or donate online at <https://tinyurl.com/psiomegaalumni> or by visiting our webpage at <https://psiomegaumn.com/alumni/>. You can also hold your smartphone camera over this QR code to the right and follow directions to the donation page!



Alumni Dues Form 2018 & 2019

Name (First, Last)	
Email address	
2018 Donation (suggested)	\$35
2019 Donation	\$35
Additional donation	\$__
TOTAL	